

## **SECRETARY**

At this time we will now observe the 7<sup>th</sup> tradition which states that every group be self supporting through its own contributions. Money collected will be used to pay rent, buy chips, cakes, etc.

(Announce Business meeting time)

Is there anyone here who is attending their first CMA meeting ever? This meeting would like to recognize those with lengths of sobriety. Is there anyone with a freshly acquired 30 days? 60 days? 90 days? 6 months? 9 months? 1 year? 18 months? 2 years or more? This is to show that the program works. For those who are new, please don't hesitate to contact member who have been around for awhile, for they will be honored to share their experience, strength, and hope with you. Are there any CMA related announcements? Are there any non-related CMA announcements?

If you would like to do service work for this meeting or hook-up with a sponsor, please see me after the meeting and we will see what we can do for you. If you would like a copy of our phone list please let us know and one will be provided for you. If you are new, we would like to thank your for coming and keep coming back.

Tonight we've asked \_\_\_\_\_ to share his/her experience, strength and hope. I thank you for chairing and I will now turn it over to you.

## CHAIR PERSON

Good Evening, and Welcome to the \_\_\_\_\_ meeting of Crystal Meth Anonymous, my name is \_\_\_\_\_, and I am a Crystal Meth addict. At this time, I would like to ask that everyone please silence your cell phones and keep cross talk to a minimum. Would you please join me in a moment of silence followed by the serenity prayer? “God, grant me the serenity to accept the things I can not change, courage to change the things I can, and the wisdom to know the difference.”

I have shared that I am a Crystal Meth addict, are there any other Crystal Meth addicts present? .....Welcome! If you are seeking recovery, you are in the right place. Thank you for being here to celebrate your recovery with us.

Crystal Meth Anonymous is a fellowship of men and women for whom all drugs, specifically Crystal Meth, have become a problem. The only requirement for membership is a desire to stay clean and lead a sober life. There are no dues or membership lists; each group is expected to be self supporting through its own contributions.

The TWELVE STEPS of our program are suggested to provide us with a plan which to build a sober, better life. We believe that if we work these simple steps we will live a life free of active Crystal Meth addiction.

**Would somebody please read: “The Daily Reflection”?**

When sharing, we need to be careful about describing drug effects, as some of us may be triggered, and the desire to use may be heightened. Please remember the recovery of others and avoid glorifying drugs and/or drug driven sex. We realize that this is part of many of our stories and needs discussion, however the secretary may interrupt and refocus if this gets out of hand.

**Would somebody please read: “What is the Crystal Meth program”?**

**Would somebody please read: “Are you a tweaker”?**

**Would somebody please read: “The TWELVE TRADITIONS OF CMA”?**

**Would somebody please read: “The TWELVE STEPS and how the work”?**

“At this time I will now turn it over to our Secretary.”

*(After the Secretary turns the meeting back to you.....Share your experience, strength & hope. Pick a topic if desired and pick what order people should be called on.)*

**\*5 minutes before closing.....**

**Would somebody please read: “There is a Solution”**

Are there any burning desires before closing the meeting? I want to remind everyone that what is said here stays here. Will you please join me in closing the meeting with the serenity prayer?